



CLASS SCHEDULE

EFFECTIVE SEPTEMBER 20

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	9:30 – 10:30 a.m. Land PAIGE			9:30 – 10:30 a.m. Land LISA
10 – 11 a.m. Land MARLYN		10 – 11 a.m. Land MARLYN		
11 a.m. – 12 p.m. Land LISA	11 a.m. – 12 p.m. Aqua PAIGE	11 a.m. – 12 p.m. Land LISA	11 a.m. – 12 p.m. Aqua PAIGE	
11 a.m. – 12 p.m. Cancer Fitness Only MARJIE	12 – 1 p.m. Land PAIGE			12 – 1 p.m. Land MARLYN
1 – 2 p.m. Aqua LISA	12 – 1 p.m. Relax Renew Land MARJIE VIRTUAL & LIVE	1 – 2 p.m. Aqua LISA		
6 – 7 p.m. Land PAIGE		6 – 7 p.m. Land PAIGE		
	6:30 – 7:30 p.m. Land MARLYN		6:30 – 7:30 p.m. Land MARLYN	

For more information or questions, please contact:

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 MI/Group Exercise Manager
 856-325-5356

Direct Contact:
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